July newsletter Early Head Start

WEBB COUNTY HEAD START

We can hardly believe this year is over and summer has approached. We have really enjoyed having each of your children and watching them grow and develop. You all have very beautiful and special children. We are so proud of them for all the hard work they have accomplished in their educational journey.
We want to thank you so very much for giving us the opportunity to get to know and to teach them; not only did your children learn from us, we also learned from them. We would also like to thank you all for your support during the year.
We feel parent involvement is a much needed asset in the classroom to ensure a successful year. We hope everyone has a safe and wonderful summer.

Es difícil pensar que este año se ha terminado y verano se ha acercado tan pronto. Nosotros realmente disfrutamos teniendo cada uno de sus niños y mirarlos crecer y desarrollar. Todos ustedes tienen unos niños muy hermosos y especiales. Estamos tan orgullosos de ellos por todo el trabajo difícil que han llevado a cabo de su viaje educativo.
Queremos agradecerles muchísimo por darnos la oportunidad de llegarlos a conocer y enseñarlos; no sólo sus niños aprendieron de nosotros, también aprendimos de ellos. También nos gustaría darles las gracias a todos los padres por su apoyo durante el año. La participación de un padre en la clase es muy necesario para asegurar un año exitoso. Esperamos que cada uno tenga un verano seguro y maravilloso.

Lorraine Medina, Early Head Start Coordinator

During a Home Based Socialization activity pictured are Parents Jennifer Lara (far left) Ms. Herrera (middle) Melissa Mendoza (far right) and Head Start children are baby Eduardo Mendoza, Rolando Mendoza (with hat) and Orlando Mendoza (Head Start child), we were practicing a gross motor activity (hot potato with hat).

Parent projects from Maria Guerra, & Rosa Treviño's Early Head Start children 1. Misael Garcia, 2. Rachel Mares, 3. Vanessa Gutierrez, 4. Adam Trejo, 5. Emilio Ramirez and 6. by Leslie Rangel.

JULY 2011 EARLY HEAD START

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 HOLIDAY	5	6	7 11:00 a.m. Socialization	8	9
10	11	12	13	14 11:00 a.m. Socialization	15	16
17	18	19	20 Parent Meeting 1:30	21 11:00 a.m. Socialization	22	23
24/31	25	26	27	28 11:00 a.m. Socialization	29	30

Mon	*Tues*	*Wed*	*Thu*	*Fri*
EHS Theme 12: Community Helpers	Firefighter	Police Officer	Doctor	1-B-Milk 6oz. biscuit 1 gravy 1 oz. Mandarin Orange 1/4 c **L**–Milk 6 oz. . Chicken fajitas 1 oz. buttered creamed corn 1/4 c. Diced cantaloupe and water-melon salad 1/4 c. corn tortilla 1 S- Soft pretzels 1 oz. Milk 4 oz.
Holiday	5 Milk 6 oz. cherrios 1 diced 1/4 cup diced peaches 1/2 L-Milk 6oz. Cubed beef 1/4 c, diced potato 1/4 c. Wheat bread 1/2 slice 1/4 c.. Mandarin orange wedges 1/2 S water 4oz. Fresh Kiwi, fresh strawberry 1/2 c. Yogurt 1 Graham Cracker crumbs .5 oz. .	6 Milk 4 oz. Pan Cake syrup 1 Apple sauce 1/2 c. L-Milk 6 oz. *breaded chicken patty 1/2. peas 1/4 c. cut in 1/4 " wheat crackers 6 Diced cantaloupe 1/4 coz.* *S– Banana 1 graham cracker crumbs 1 tablespoons Orange Juice 4 oz.* **Breakfast will be sent today for Thursday**	7B Milk 6 oz. Rice Krispies 1 diced peaches 1/2 c L-Milk 6 oz. Spaghetti w marinara sauce 1/4 c. /ground beef with Marianna 1/4 c. Mixed vegetables 1/4 c. diced pears 1/4 c. S– Fig newtons 1.1 oz. thin sliced strawberries (1/2c.) cut into 1/4 " 4 oz. water 4 oz.	**8**B- Milk 6oz. Bean & cheese 1/4 c. wheat tortilla 1 Mandarin Orange 1/2 c L Milk 6 oz. grilled chicken patty 1 with gravy . rice 1/4 c. peeled Apricots 1/4 c. creamed corn 1/4c. S Teddy Grahams.5 oz. Pineapple Juice 4
11 **B**-Milk 6oz. biscuit 1 jelly 1 1 diced pears 1/2 c. L-Milk 6 oz. ground beef 1/4 c. . Diced carrots 1/4 c. Crushed pineapple 1/4c. Macaroni 1/4c.1 S-Graham Cracker 2 strawberry yogurt 2 ounces Orange Juice 4 oz. **Breakfast will be sent today for Tuesday**	**12 B-Milk 6 oz.** ***Cherries 1 Diced Peaches s 1/2 c.*** **L-Italian food -Milk 6oz., ground meat with marinara sauce 1/4 c. Marinara sauce spaghetti ½ c green beans 1/4 c. peeled diced Apricots 1/4c.** **S–** ***Orange Juice 4 oz, Cheese Goldfish 1 oz.***	13B-Milk 6 oz., cream of wheat 1/4 c. Mandarin oranges 1/2 c. L-Milk 6oz. Chicken patty 1 with country gravy diced carrots1/4 c. Diced strawberries 1/4 c S-. Nutrition Activity Tropical fruit 1/2 c. yogurt 4oz. *S*– Breakfast will be sent today for Thur.	14B– Milk 6 oz. Apple Jacks 1 Banana 1 L-Milk 6 oz. – ground beef 1/4 c. mixed vegetables 1/4 c. crushed pineapple 1/4 c. Corn bread .6 oz *S– Tropical fruit 1/2 c. Graham cracker Crumbs 2 1Orange Juice 4 oz*	15 B ***Milk 6 oz. Pan cake . Mandarin Orange 1/2 c Syrup 1/2 L Milk 6 oz. Ham 1 slice (1 oz) , American cheese 1 slice, wheat bread 2 slices, 1 mustard, 1 mayonnaise, , cucumber 1/4 c ranch dressing 1 banana 1/2 S-Frozen berry mix 4 ounces (1/2 c) Milk 4 oz. Smoothie***
18 B-Milk 6oz. Pan Cake 1, syrup 1 Mandarin Orange 1/2 c 1 slice star fruit (060025) sausage 1 **L**–Milk 6 oz. breaded chicken patty with country gravy watermelon diced 1/4 c.. Diced carrots 1/4 c, IMIL Idea S- frozen fruit mix 4 oz. ice cream 1 ice cream cone 1 water 4 oz. **Breakfast will be sent today for Tues.**	19 B-Milk 6oz. Cherrios Cereal 1,diced peaches 1/2 c., L-Milk 6 0z. Diced chicken 1/4 c. vermicelli 1/4 c. diced mixed vegetables 1/4 c diced pears 1/4 c. *S-saltine crackers 4. Orange Juice 4 oz.*	20 B Milk 6 oz. biscuit 1 with gravy Mandarin Orange 1/2 c. L-Milk 6 oz. Beef fingers 3 brown gravy fruit cocktail with jello 1/4 c. Diced peas & carrots 1/4 c wheat bread 1/2 S– Sliced Strawberries 1/2c/ Yogurt 2 oz. Milk 4 oz. **Breakfast will be sent today Thurs.**	21 Milk 6 oz. Rice Krispies 1/2 diced peaches 1/4 c L Milk 6 oz. cheese quesadilla flour tortilla 1 Peas 1/4 c.. Diced strawberries 1/4 wheat tortilla 1 S– Thinly sliced cucumber 1/2 c. ranch dressing cheese stick 1/2 oz water 4 oz.	22 B Milk 6 oz. Wheat tortilla Diced pear 1/2 c bean and cheese 1 oz. L-Milk 6 oz. Spaghetti w/ marinara sauce 1/4cground beef with marinara sauce 1/4 c Mixed vegetables 1/4 c. diced pears 1/4 c. S-Oatmeal cookie 1. Orange Juice 4 oz.
25 B– Milk 6oz. Pan Cake 1 applesauce 1/2 c L-Milk 6oz. Salisbury steak 1 with beef broth Apricots with cut pineapple tidbits 1/4c Macaroni 1/4c Green beans 1/4 c. S wheat crackers 6 strawberry jelly 1 pkg orange juice 4oz. **Breakfast will be sent today for Tuesday**	*26Milk 6oz. Cherrios 1 Diced Peaches L– Milk 6 oz. cheese 1 oz. enchilada 2 pinto beans 1 /4 c. fruit cocktail jello 1/3c Mexican rice 1/4 c S-Fig cookies 1 orange juice 4 oz.*	27 Milk 6 oz.– Sausage and bean s 3 tablespoons wheat tortilla 1 mandarin Orange 1 **L- Milk 6 oz. Diced** Chicken with chicken broth 1/4 c. rice 1/4 c. broccoli 1/4 c. diced peaches 1/4 c. S-Fresh banana 1 graham cracker crumbs 0.5 ounces (1tablespoon) water 4 oz. **Breakfast will be sent today for Thursday**	28 B Milk 6oz. *Diced pear 1/2 Cream of wheat 1/4 c.* L-Milk 6 oz. Beef Stew 2 oz fresh thin sliced cucumber wedges with ranch dressing 1/4 c,. 2 oz.., Tropical fruit mix 1/4 c. Vermecelli 1/4 c. *S– Orange Juice 4 oz. Wheat cracker 6 Water*	29 B Milk 6oz., banana 1/2 cold cereal 1 L– Milk 6 oz. Hamburger 1 bun 1 ketchup 1 mustard 1 mandarin orange 1/3 c. Mixed vegetables 1/4 c. Potato chips 1

July Educational Concepts & Menu