| Mon | Tues | Wed | Thu | Fri |
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| **December 2006** | **Wash hands before each meal**<br><br>**Brush teeth after Breakfast, Lunch and Snack**<br><br>**Quiet time Activities 11:30-11:45 a.m.**<br><br>**Nutrition Activities Every Wednesday for snack** | | | ***1***B-Milk 6oz. Egg/bacon breakfast buddy 1, Orange wedges 1/2 c<br>**L–**Milk 6 oz. Ground beef with potato 1/4 c.wheat bread 1 slice buttered broccoli Normandy<br>1/4 c. pineapple tidbits. 1/4 c.<br>S- Orange juice 4 oz. Teddy grahams 1 |
| 4<br>B-Milk 6 oz.,,french Toast 1, syrup 1<br>Diced pears 1/2<br>L-Milk 6 oz. Ground beef with rice 1/2 c peas 1/4c. Apricot 1/4 White bread 1 slice<br>S-*Orange Juice 4 oz., Teddy Grahams 1*<br>**Breakfast will be sent today for 12/05/06** | 5 B Milk 6oz. *Orange 1 banana muffin 1*<br>L-Milk 6 oz., Diced Chicken w/ Vermecelli with tomato cilantro onion bellpepper 1/2 c Wheat bread 1sl., Brocolli 1/4 c. 2 oz.., pineapple 1/4 c.<br>*S– orange juice 4 oz. , Graham Crackers 2 ,* | 6– Milk 6 oz. Pan Cake syrup 1 diced peaches 1/2 c.<br>L– Milk 6 oz. *Ground beef with corn 1/2 c. . carrots1/4 c. Country roll 1Fruit cocktail 1/4 coz.*<br>*S–Nutrition Activity*<br>*Wheat bread 1 slice cut in triangles, chese spread 2 teaspoons, 2 raisins 1 olive*<br>*2 pretzel sticks*<br>**Breakfast will be sent today for 12/7/06** | 7<br>B Milk 6 oz. Cherrios 1 banana 1<br>L-Milk 6 oz. Diced weiner w chile con carne 1/4 c Mixed vegetables 1/4 c. fruit cocktail 1/4 c. hot dog bun 1<br>S-Cinnamon Sticks 1 oz. Orange Juice 4 oz.<br>**All food for 12/8/06 will be sent today** | **8**<br>B-Milk 6 oz. Banana nut muffin 1 diced peaches 1/2 c.<br>L-Milk 6 oz. –Turkey breast .5 oz. Yellow Cheese .5 oz M. Cheese .5 oz. Mayonaise mustard 1 Wheat Bread 2 sl.<br>Pickles 4 Diced pear 1/4 c.<br>*S– Nachos .5 cheese sauce 1/4 c.*<br>*Orange Juice 4 oz* |
| 11<br>B-Milk 6 oz. Biscuit 1 turkey sausage 1 diced peaches 1/2 c oz.<br>L– Milk 6 oz.. Pizza 1.**pineapple 1/4 c.** Normandy broccoli 1/4 c. Vanilla pudding 1/4 c<br>*S– Orange Juice 4 oz. Cinnamon sticks 1 oz..*<br>**Breakfast will be sent today for 12/12/06** | 12<br>B-Milk 6 oz. *Cherrios 1 Banana 1*<br>L-Italian food -Milk 6oz., ground meat /w Maraniara sauce/ plain spaghetti ½ c., wheat bread 1 **sl.,** cucumbers 1/4 c. **diced Apricots** 1/4c.<br>S– *Orange Juice 4 oz, Cheese Goldfish 1 oz.* | 13B-Milk 6 oz.– banana muffin 1, Orange 1<br>**L-Christmas Angel Activity No lunch**<br>**Nutrition Activity** Pear halves 2 cherries 2 Milk 4 oz..<br>**Breakfast will be sent today for 12/14/06** | 14B-Milk 6 oz., banana 1 rice Krispies 1<br><br>**L-**Milk 6oz. Cubed beef w mixed vegetables for stew 1/2 c. diced peaches w/ cherries 1/4c 4 c. saltine crackers 4 vanilla pudding 1/4 c.<br>S-. Teddy Grahams .5 oz. Orange Juice 4 oz. | ***15 B Milk 6 oz. Rice/raisins with milk 1/2c. Diced pears 1/2c***<br>***L Grilled chicken breast 1 monterry jack cheese 1 slice Whole wheat bread bun 1 lettuce/tomato 1/4 c. Apricots 1/4 c.***<br>***S-Saltine Crackers 4 Orange Juice 4 oz.*** |
| 18B-Milk 6oz. French Toast 1 syrup 1/2 Sliced Pears 1/2 c,<br>L– Weiners with Pinto beans 1/2 c., lettuce tomato 1/4 c White bread 1, **sliced** Apricots 1/4 c<br>S- Graham Crackers 2 Orange Juice<br>**Breakfast will be sent today for 12/19/06** | 19B-Milk 6oz. Cherrios Cereal 1,Diced Peaches 1/2 c.,<br>L-Milk 6 0z. ***Diced chicken 1/4 c. vermacelli 1/4 c. broccoli 1/4 c diced pears 1/4 c.***<br>White bread 1/2<br>*S-saltine crackers 4. Orange Juice 4 oz.* | 20<br>B Milk banana nut muffin 1 diced pears 1/2 c<br>L-Milk 6 oz. Hamburger patty 1 cheese 1 wheat bun 1, broccoli with cheese sauce 1/4 c. ketchup 1 fruit cocktail w/ jello 1/3 c. mayonaise 1<br>S– No Snack | 21 | 22<br><br>**Nutrition Activity** |
| | | | | **January 10, 2007 fish ponds**<br><br>**January 17, 2007 Number Salad**<br><br>**January 24, 2007 Pickle alligator** |