



The Webb County My Healthy Card Program is a proactive approach to keeping our employees healthy, preventing illness by monitoring employee health annually and ultimately minimizing county insurance costs collectively.

Our Webb County My Healthy Card Program will include special offers for Webb County employees by participating vendors that through their products/services encourage a physical, emotional, financial, intellectual, spiritual, environmental, social or occupational healthy lifestyle.

Webb County employees who meet the criteria outlined below will receive a card with their photo to identify them as program participants.

This card is to be issued annually beginning *February 2020*.

Earn your Webb County My Healthy Card!

- Designate a Primary Care Physician
- Complete the Webb County Insurance workshop
(Employees will receive ample notice of insurance workshops offered in effort to educate employees on best healthy lifestyle practices and most updated medical insurance processes/procedures.)
- Submit proof of an annual complete eye exam
- Submit proof of an annual physical exam
- Complete the Cafeteria Enrollment

Let's stay
HEALTHY!
together



Vendors interested in participating in the **Webb County My Healthy Card Program** are welcomed to submit the Healthy Card Offer/Discount Proposal Form to the Office of Webb County Commissioner Pct. 4 Cindy Liendo at priscillapantoja@webbcountytexas.gov or aguerrero@webbcountytexas.gov for review and confirmation.

Product/Service offers by participating vendors will be shared with over 1400 Webb County employees through the county website, social media and printed directory. Vendors will have an opportunity to submit product/service discount proposals once a year.

We look forward to working with as many local businesses as possible to encourage healthier lifestyles among our Webb County employees and their families!

For additional information please contact the Office of Webb County Commissioner Cindy Liendo at 956-523-4652.