



THE HORIZON

A Publication of the Fernando A. Salinas Community Center

June 2011

Jerry Garza, Webb County Commissioner, Precinct 3

Commissioner Garza Visits With Constituents



Webb County Commissioner Jerry Garza, Precinct 3, recently launched a series of Neighborhood Advisory Meetings to give residents in all corners of his precinct an opportunity to discuss with him any issues their respective areas are currently experiencing. In the photo left, Commissioner Garza meets with Judge Danny Valdez and residents living near Malakoff Elementary School.

“Many of these people can not meet with us during the day, so it is our responsibility to do everything within our reach to allow them to speak with us,” said Commissioner Garza.

VRA Program helping veterans become self-sufficient

Rocio Quiroga, standing, Programs Administrator with the office of Commissioner Jerry Garza, conducts a Resume Writing Workshop for veterans currently receiving services through the Veterans Rental Assistance Program.

One of the requirements of the program, currently administered through the office of Commissioner Garza, is for participants to become self-sufficient, and one way of doing so is by encouraging them to seek employment.

For more information on the program, call 722-1125.



Participants Celebrate May Birthdays



From left Pascual Soliz, Maria Ramirez, and Guadalupe Vicharelli were honored recently for having celebrated their birthdays in May. During the gathering, the trio was serenaded with the traditional Las Mañanitas and the Happy Birthday song.

As part of the celebration, those celebrating their birthdays were also treated to a luncheon and a birthday cake.

Feliz cumpleaños, Pascual, Maria y Guadalupe, y que cumplan muchos mas!

The Health Beat Track

Participants who pick up their monthly bags of groceries were also given the opportunity to have their blood pressure checked along with weighing themselves.

In the photo left, Victor Gonzales receives his results from Chayo Cuevas, center, and Zayda Gonzalez, of the City of Laredo Health Department. Health officials say that one of the best and easiest ways to monitor our health is by having frequent check-ups, including blood pressure checks and glucose level detection.



Meet Guadalupe Vicharelli

She has been a member of the Fernando A. Salinas Community Center for 25 years. A mother of one, Lupita, as she is called, enjoys playing loteria and dancing. She says the best part of coming to the center is conversing with her friends.

*Fernando A. Salinas Community Center
Located at the City of Laredo Health
Department, 2600 Cedar Street, rear.
Hours of Operation: Monday—Friday,
8 a.m. to 5 p.m.*

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