Early Head Start newsletter
July 2013

WEBB COUNTY HEAD START / EARLY HEAD START

We can hardly believe this year is over and summer has approached. We have really enjoyed having each of your children and watching them grow and develop. You all have very beautiful and special children. We are so proud of them for all the hard work they have accomplished in their educational journey.
We want to thank you so very much for giving us the opportunity to get to know and to teach them; not only did your children learn from us, we also learned from them. We would also like to thank you all for your support during the year. We feel parent involvement is a much needed asset in the classroom to ensure a successful year. We hope everyone has a safe and wonderful summer.

Es difícil pensar que este año se ha terminado y verano se ha acercado tan pronto. Nosotros realmente disfrutamos teniendo cada uno de sus niños y mirarlos crecer y desarrollar. Todos ustedes tienen unos niños muy hermosos y especiales. Estamos tan orgullosos de ellos por todo el trabajo difícil que han llevado a cabo de su viaje educativo.
Queremos agradecerles muchísimo por darnos la oportunidad de llegarlos a conocer y enseñarlos; no sólo sus niños aprendieron de nosotros, también aprendimos de ellos. También nos gustaría darles las gracias a todos los padres por su apoyo durante el año. La participación de un padre en la clase es muy necesario para asegurar un año exitoso. Esperamos que cada uno tenga un verano seguro y maravilloso.

Laura Guzman,
Area Service Manager

Early H/S children class pictures:

1-Mrs. Loredo & Mrs. Ortiz

2-Mrs. Ventura & Ms. Gonzalez

3-Mrs. Guantos & Mrs. Peña

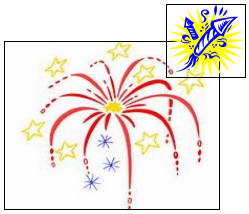
4-Ms. Treviño & Ms. Solis

5-Ms. Gaytan & Mrs. Davila

JULY 2013 EARLY HEAD START

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 *Socialization 10:30 a.m.-12:30*	4 HOLIDAY	5 NO CLASS	6
7		9	10 *Socialization 4:00-6:00 p.m.*	11	12 Parent's meeting	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	End of Year Celebration 30	31			

July Educational Concepts & Menu

Mon	*Tues*	*Wed*	*Thu*	*Fri*
EHS Theme 11: Sports				
1B Milk 6oz. *Diced pear 1/2 Cream of wheat 1/4 c.* L-Milk 6 oz. Salisbury steak 1 with gravy diced carrots. 2 oz.., pineapple tidbits 1/4 c. creamed noodles 1/4 c. *S– Orange Juice 4 oz. Wheat cracker 6 Cheese 1 slice*	*2Milk 6oz. Cherrios 1 Diced Peaches 1/2 c. L– Milk 6 oz. breaded chicken patty 1 creamed corn 1 /4 c. diced apricots 1/4c Mexican rice 1/4 c S-1 orange juice 4 oz. animal crackers 1 oz.*	3Milk 6 oz.– refried bean with cheese 1/4 c. Toast bread 1/2 slice mandarin Orange 1/2 c. **L- Milk 6 oz.** h ground beef 1/4 c. . rice 1/4 c. broccoli 1/4 c. diced peaches 1/4 c. S-Fresh banana 1 graham cracker crumbs 0.5 ounces (1tablespoon) water 4 oz.		
8 B-Milk 6oz. biscuit 1 jelly 1 Orange slices 1/2 c **L–**Milk 6 oz. . Pizza 1 oz. buttered creamed corn 1/4 c. Diced cantaloupe wheat bread 1/2 sliS- diced peaches 1/2 c. Milk 4 oz.ham/cheese 1 slice bread 1/2 slice	9Milk 6 oz. cherrios 1 diced peaches 1/2 c. L-Milk 6oz. ground beef 1/4 c, diced potato 1/4 c. Wheat bread 1/2 slice 1/4 c.. orange wedges 1/2 S 4oz. Milk 40z. Fresh banana 1 . .	10Milk 4 oz. Pan Cake 1 syrup 1 fruit cocktail 1/2 c. L-Milk 6 oz. Breaded chicken 1. *vermicelli 1/4 c. mixed vegetables 1/4 c. diced peaches 1/4 c. gravy S Orange juice 4 oz. vanilla wafers .5 oz*	11B Milk 6 oz. Rice krispies banana1 /2 c L-Milk 6 oz. Spaghetti w marinara sauce 1/4 c. / Mixed vegetables 1/4 c. diced pears 1/4 c. S– saltine crackers 4 mild cheddar cheese sticks 1 water 4 oz.	**12**B- Milk 6oz. Bean & cheese 1/4 c. Toast 1/2 slice1 fruit cocktail 1/2 c L Milk 6 oz. Chicken breasts1 ozwith gravy . rice 1/4 c. peeled Apricots 1/4 c. buttered zucciini 1/4c. Wheat bread 1/2 slice S Ritz crackers 6 pineapple juice 4oz.
***15*B-**Milk 6oz. biscuit 1 jelly 1 1 diced pears 1/2 c. L-Milk 6 oz. ground beef 1/4 c. .Diced carrots 1/4 c. apricots1/4c. Macaroni 1/4c.1 S– Diced peach 1/2 c milk 4 oz.. **Breakfast will be sent today for Tuesday**	16 B-Milk 6 oz. *Cherrios 1 Diced Peaches s 1/2 c.* L-Milk 6oz., pulled chicken 1/4 c. Rice 1/4 c. green beans 1/4 c. **fruit cocktail** 1/4c. S– *saltine crackers 4 Orange Juice 4 oz, 1*	17B-Milk 6 oz., cream of wheat 1/4 c oranges 1/2 c. **L-**Milk 6oz. Chicken patty 1 with country gravy Diced carrot 4 c. Diced pear 1/4 c S-. Milk 4 oz. animal crackers 1/2 oz 4 *S– banana 1 milk 4 oz*	18B *Milk 6 oz. Apple Jacks 1, Banana 1 Syrup 1/2 L Milk 6 oz.– ground beef 1/4 c. 1 mixed vegetables 1/4 c. diced fruit cocktail 1/4 c.. applesauce 1/4 c. S– Graham cracker 2, orange juicel 4 oz*	19B *Milk 6 oz. Pan cake . Orange 1 Syrup 1/2 L Milk 6 oz.Salisbury steak 1 with brown gravy 2 oz. mixed vegetables 1/4 c. diced fruit cocktail 1/4 c. macaroni with cheese 1/4 c. S– diced peaches 1/2 c. milk 4 oz*
22 B-Milk 6oz. Pan Cake 1, syrup 1 Orange 1/2 c 1 sausage patty 1 **L–**Milk 6 oz. diced chicken with vegetables 1/4 c. 1/4 c. fruit cocktail 1/4 c.1/4 c.. Diced carrots 1/4 c, S– Milk 4 oz. animal crackers 1/2 oz.. **Breakfast will be sent today for Tuesday**	23B-Milk 6oz. Cherrios Cereal 1,diced peaches 1/2 c., L-Milk 6 0z. Ground beef with diced potatoes 1 1/4 c. diced mixed vegetables 1/4 c diced pears 1/4 c. *S-saltine crackers 4, orange juice 4 oz.*	24B Milk 6 oz.– toast bread 1/2 slice refried beans 1/4 c. 1 Fresh Orange 1 **L- Milk 6 oz. Diced** Chicken with chicken broth 1/4 c. rice 1/4 c. Diced broccoli 1/4 c. diced peaches 1/4 c.IMIL Idea creamed noodles 1/4 c S-Fresh banana 1 Milk 4 oz. **Breakfast will be sent today Thursday**	25BMilk 6 oz. Rice Krispies 1/2 diced banana 1 L Milk 6 oz. Ground beef patty 1.5 oz buttered zucchini 1/4 c.. Fruit cocktail 1/4 wheat bread 1/2 S Teddy graham 1 pkg.orange juice 4 oz.	26 .Milk 6 oz. Blueberry muffin 1 applesauce 1/2 c. L– Milk 6oz. Spaghetti w marinara sauce 1/4 c. / Mixed vegetables 1/4 c. diced pears 1/4 c. S– saltine crackers 4 mild cheddar cheese sticks 1 water 4 oz.
29Milk 6 oz. grilled biscuit with cheese 1 fresh orange 1 1 L-Milk 6 oz. – ground beef 1/4 c. mixed vegetables 1/4 c. crushed pineapple 1/4 c. Corn bread .6 oz *S– Milk 4 oz. Diced Pears 1/2 c.*	30B-Milk 6 oz. *Cherrios 1 Diced Peaches s 1/2 c.* L-Milk 6oz., pulled chicken 1/4 c. Rice 1/4 c. green beans 1/4 c. **fruit cocktail** 1/4c. **S *saltine crackers 4 Orange Juice 4 oz,***			