

La Presa Community Center

January 2023



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 	2 Holiday	3 Elderlies program/ Pick Up Freebies	4 Elderlies Program / Bread Distribution	5 Elderlies Program / Bread Distribution	6 Elderlies Nutrition	7
8	9 Food Bank 9am—11am	10 Elderlies Program / Bread Distribution	11 Elderlies Nutrition	12 Elderlies Program / Bread	13 Elderlies Nutrition Program	14
15 	16	17 SCAN ZUMBA 10 – 11:30 AM	18 Elderlies Nutrition Program	19 Bolsa Del Queso Distribution	20 Juntos for Better Health 9am-1pm	21
22 Elderlies Program / Bread distribution	23	24 Elderlies Program / Bread distribution	25 Elderlies Nutrition Program	26 Elderlies Nutrition Program	27 Elderlies Nutrition Program	28
29 Elderlies Program / Bread distribution	30	31 SCAN ZUMBA 10am-11:30				